



## **Douglas You Need Glasses**

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Meet Douglas, a dog with a big problem: he needs eyeglasses but doesn't know it, and his bad eyesight tends to land him in some pretty hairy situations.

Lexile: 150 AR: 1.5

**Author Website:** <http://gedadamson.com>

**Author interview:** <http://www.barnesandnoble.com/blog/kids/an-interview-with-douglas-you-need-glasses-author-ged-adamson/> (this is a written interview)

**Videos about visiting the eye doctor** <https://youtu.be/5utCZyDRIk4>

**Food:** Carrots

### **Nonfiction Title:**

Dooley, Virginia, *I Need Glasses: My visit to the Optometrist.*

Shaughnessy, Diane, *Let's Talk about needing glasses.*

**Introduction:** Get a pair of obviously fake glasses. Ask kids if they know why people really need glasses. Talk about why people need glasses.

### **Story time Activities:**

Have kids pretend to do an eye exam.

<http://www.sunnydayfamily.com/2016/05/pretend-play-eye-doctor.html> (Materials-chart paper with letters on it, something to cover one eye, pretend glasses, a flashlight, a chair, a stuffed dog).

Do two pictures of the same content, one in pencil or pen and one in water color to show what the world looked like Douglas before he got his glasses and one for after.

Get several pairs of glasses and have kids try them on. Take photos.

Have kids make glasses out of pipe cleaners and decorate with duct tape or other art supplies.

Get distorted lenses (meant for drunk driving demonstrations) to let kids try to see what it looks like to see poorly.

**Discussion Questions:**

1. How do you think you might help someone who has trouble seeing?
2. Why do you think some people are embarrassed to wear their glasses?
3. What kinds of things made people think Douglas needed glasses?
4. What are some other devices people use when they have trouble using their senses?
5. How did getting glasses make Douglas's life better?
6. Is it scary to go to the eye doctor?